



## **Post-LEEP Instructions**

### **What do I need to know as I recover at home?**

You may feel tired or weak, and it is best if you do not go home alone

You may have cramps for a short time which should be lessened with ibuprofen (Advil® or Aleve®).

Please do not swim or take a tub bath for 48 hours. Showering is okay.

You may have vaginal discharge for 2-3 weeks, ranging in color from pink to black. You may also have bleeding similar to a period.

You should not have intercourse or use tampons until the cervix heals. This takes about 2-3 weeks.

If you have vaginal discharge or bleeding after 2-3 weeks, give yourself longer to heal and refrain from putting anything into the vagina.

Avoid heavy lifting or vigorous exercise for 2-3 weeks.

### **Call our office immediately for:**

Heavy or increased vaginal bleeding that soaks more than one pad per hour for 1-2 hours.

Dizziness or fainting.

Chills or fever of greater than 101.

### **Follow up Care**

Please schedule a two-week follow-up visit to evaluate healing.

The abnormal cells on your cervix may return and it is important to follow your doctor's instructions for repeat pap smears in the future.